|  |  |  |
| --- | --- | --- |
| **Morning Routines: Start your day with a nice stretch- Reach for the ceiling, crouch to the floor, Leeean toward a window, and leeeean to the wall (X2)**    **Good Morning song- sing it to your favorite people or stuffies!**  (Or good day or good evening depending on when you can get to it  **Calendar time- Sing the Days of the Week and the Months of the year songs)**  **Starfall build the calendar** <https://www.starfall.com/h/holiday/calendar/?sn=main>  **(Press ctrl and left click to access videos)**  **Jack Hartmann – the November song and Months of the year exercise – Notice our actions are patterns! How would you name them?** [**https://www.youtube.com/watch?v=H5skbhYfwuc**](https://www.youtube.com/watch?v=H5skbhYfwuc)  **Read the Morning Letter! Find letters Ii and Jj - can you see a and at be can go is It in**  **- Choose from your home library or choose an online story book to listen to,** | | |
| **Language Arts:**  **Letters of the week Ii and Jj words is, it in, if**  **Review Your alphabet with Jack Hartmann or alphabet Kick box with Dr. Jean!**  **Jack- Alphabet Zoo – letters sounds and words!**  <https://www.youtube.com/watch?v=V-nsi0wj-O8>  **Dr. Jean**  <https://www.youtube.com/watch?v=yMeGvS0x0kM>  **Read Aloud STORY TIME! – Proud as a Peacock and Brave as a Lion**  [**https://www.youtube.com/watch?v=t0n0dscoeGA**](https://www.youtube.com/watch?v=t0n0dscoeGA)  **Discuss the characters and your feelings about this story.**  **Write your name every day, Do your best**  **Writing – Draw, and add any letters and words, to a story about something you like. I like sunny days! 😊** | **Math**  **Choose *a* math warm up to get your brain ready**  **\*Count to 10 and back again**  **\*Do 3 body movement patterns**  **\*Roll a number cube 5 times or use a spinner and do an action that number of times shown!**  **Play a board game**  **5 frame fun – using your number cards and show that on your frame. Turn the next card…what is it? Do you have to add counters or take some away? How many? Continue a few times** | **Social emotional**  **\*Mindful Monday Cosmic Kids Zen Den – good choices-**  **https://cosmickids.com/video/zen-den-how-to-make-good-choices/**  **\*Gratitude scavenger Hunt, choose a few each day**  **Find time to “be still”**  **Do a puzzle**  **Read a book quietly**  **Get out for some fresh air**  **Do some Cosmic Yoga fun activities** |

|  |  |  |
| --- | --- | --- |
| Grab a pillow and blanket, put on your PJ’s and read a book in an empty bathtub. | Using pictures and/or words complete this phrase: Not all kids are the same but most like \_\_\_\_\_ because \_\_\_\_\_\_. | Using old newspapers or magazines cut out the letters needed to build 3 of your sight words and build them. |
| Play Tic Tac Toe with a helper. Instead of using “X” or “O” use one of your sight words to fill in the boxes. | Pretend you are a movie star. Record yourself reading a book and send it to your teacher. | Using letters in the word Fall write a word or draw a picture that begins with each letter. |
| Go on a hunt in your house or outdoors. Try to find one thing that begins with every letter in the alphabet. | Make a book. Staple 4-6 pages together. Write and illustrate your own story. | Read a non-fiction book. Draw a picture or write one new thing you learned. |