



**March 27th- 31st**

**K-2:**

yoga & balance bikes

**Focus:** I can practice a new skill, I can balance for 3-5 seconds.

**Tuesday: Maritime Center for  
Dance! K-5**

**3-5:**

yoga, dance, & tag games

**Focus:** I can maintain my own balance, I can follow dance steps, I can move to get away from a defender.

