



K-2 Phys. Ed

In September and October, the Big ideas for K-2 Physical Education are:

- Body and space awareness - move in personal space and in general space safely.
- Movement - move fast or slow
- Stability and balance - walk forward and backward on a line.
- Fundamental locomotor and manipulative skills - run or gallop at different speeds.
- Strategies and tactics - stay inside boundaries.
- Emotional and social skills: follow simple instructions and participate safely.
- Physical Fitness Concepts- locate heart beat



Announcement



After School Activities

Soccer Club - Mondays

Creative Art - Wed & Fri

French Club - Tuesday

Theater - Thursday



Read More on:

www.reallygreatsite.com

Reminders

Please remember that we have a field trip coming this week to the planetarium. Your child will need to have the permission form signed and returned by Friday.

